

**KENRICK-GLENNON SEMINARY**  
**KENRICK SCHOOL OF THEOLOGY**

*Personal Formation Agreement*

**Instructions:**

Seminarians are accountable for all aspects of priestly formation within the parameters of the external forum. This includes participation in spiritual exercises, the spiritual direction program, liturgical exercises, and community life as well as the intellectual and pastoral dimensions of formation. (*Program of Priestly Formation*, 5<sup>th</sup> ed., #275)

Personal Formation Agreement. At the beginning of the year, each seminarian will prepare a Personal Formation Agreement in consultation with his Formation Advisor. He should take account of his previous year's evaluation, if applicable. He will consult the attached list of evaluation criteria specified by the *Program of Priestly Formation*. These are the same criteria which form the basis of faculty, peer and formal evaluations of each seminarian.

Normally, in consultation with his Formation Advisor, each seminarian will describe one or two goals from each of the four dimensions of formation based upon the evaluation criteria from the *Program of Priestly Formation* #280. If applicable, please consult your formal evaluation reports from last year for the specification of your goals for this year. **The total number of goals should be in the five-to-seven range, with eight being the maximum, unless the Formation Advisor approves more.**

EACH GOAL should be as specific as possible. For example, in the area of Human Formation, one might wish to address this issue: "The capacity to relate to others in a positive manner and the ability to get along with others and work with them in the community." The seminarian could specify this goal by stating that he will work to overcome a negative impression that others have formed.

The next step in the contract would be to specify the MEANS FOR ACHIEVING THE GOAL. For the goal stated above, one could specify the means by saying that he will ask for feedback from his peers on a weekly basis. In order to identify the means of achieving the goal, it will usually be helpful to ask how one will measure the results for himself. In other words, how will he know if he has succeeded or failed?

Once one has specified the goals and the means of achieving those goals, his Formation Advisor reviews the agreement. If the Formation Advisor approves, both sign the agreement. Then, **the original is given to the Dean of Seminarians.** *Copies of the signed original should be provided by the seminarian to his Formation Advisor and Spiritual Director.*

Completed agreements are due on or before **September 29, 2017** .

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*Personal Formation Agreement*

Seminarian's Name: \_\_\_\_\_ Year: 2021-22; \_\_\_\_\_  
[please list class year, e.g. Pre-Theo 1]

Arch/Diocese: \_\_\_\_\_

In each area of formation, indicate each item for which you intend to formulate a specific goal  
(*underline or circle the number*)

**Human Formation:**

1. The human qualities of truthfulness, respect for others, justice, integrity, affability, generosity, kindness, courtesy, and prudence;
2. The capacity to relate to others in a positive manner and the ability to get along with others and work with them in the community;
3. Good self-knowledge, self-discipline, and self-mastery, including emotional self-control;
4. Good physical and mental health;
5. A balanced life-style and balance in making judgments;
6. Affective maturity and healthy psychosexual development; clarity of masculine identity; an ability to establish and maintain wholesome friendships; the capacity to maintain appropriate boundaries in relationships;
7. Skills for leadership and collaboration with women and men;
8. Capacity to receive and integrate constructive criticism;
9. Simplicity of life, stewardship of resources, and responsibility for financial obligations;
10. Mature respect for and cooperation with Church authority; and
11. Engagement in the community life of the seminary.

Specify your goal or goals for Human Formation:

- 1.
- 2.

What means will you use to achieve and measure these goals?

- 1.
- 2.

### **Spiritual Formation:**

There should be accountability in the external forum for seminarians' participation in spiritual exercises of the seminary and their growth as men of faith. Within the parameters of the external forum, habits of prayer and personal piety are also areas of accountability.

1. Commitment to a life of prayer and the ability to assist others in their spiritual growth;
2. Abiding love for the sacramental life of the Church, especially the Holy Eucharist and Penance;
3. A loving knowledge of the Word of God and prayerful familiarity with that Word;
4. Appreciation of and commitment to the Liturgy of the Hours;
5. Fidelity to the liturgical and spiritual program of the seminary, including the daily celebration of the Eucharist
6. Fidelity to regular spiritual direction and regular celebration of the Sacrament of Penance;
7. A positive embrace of a lifelong commitment to chaste celibacy, obedience, and simplicity of life;
8. A love for Jesus Christ and the Church, for the Blessed Virgin Mary and the saints; and
9. A spirit of self-giving charity toward others.

Specify your goal or goals for Spiritual Formation:

1.

2.

What means will you use to achieve and measure these goals?

1.

2.

**Intellectual Formation:**

1. Love for truth as discovered by faith and reason;
2. Fidelity to the word of God and to the Magisterium;
3. Knowledge of Catholic Doctrine and adherence to it;
4. Interest and diligence in seminary studies;
5. Successful completion of seminary academic requirements;
6. Ability to exercise the ministry of the Word: to proclaim, explain, and defend the faith; and
7. Knowledge of languages that will be necessary or suitable for the exercise of their pastoral ministry.
8. Focused study in:
  - a. Sacred Scripture
  - b. Systematic Theology
  - c. Church History
  - d. Liturgy-Sacraments
  - e. Moral Theology
  - f. Pastoral Studies

Specify your goal or goals for Intellectual Formation:

1.

2.

What means will you use to achieve and measure these goals?

1.

2.

**Pastoral Formation** (Please to include any specific goals for your supervised ministry):

1. A missionary spirit, zeal for evangelization, and ecumenical commitment;
2. A spirit of pastoral charity and openness to serve all people;
3. A special love for and commitment to the sick and suffering, the poor and outcasts, prisoners, immigrants, and refugees;
4. Demonstration of appropriate pastoral skills and competencies for ministry;
5. Ability to exercise pastoral leadership;
6. Ability to carry out pastoral work collaboratively with others and an appreciation for the different charisms and vocations within the Church;
7. The ability to work in a multicultural setting with people of different ethnic and racial and religious backgrounds;
8. A commitment to the proclamation, celebration, and service of the Gospel of life; and
9. Energy and zeal for pastoral ministry.

Specify your goal or goals for Pastoral Formation:

1.

2.

What means will you use to achieve and measure these goals?

1.

2.

\_\_\_\_\_  
Signature of Seminarian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Formation Advisor

\_\_\_\_\_  
Date